

**Psychology**  
**Standard level**  
**Paper 2**

Friday 16 November 2018 (morning)

1 hour

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**Instructions to candidates**

- Do not open this examination paper until instructed to do so.
- Answer one question.
- The maximum mark for this examination paper is **[22 marks]**.

Answer **one** question.

Marks will be awarded for demonstration of knowledge and understanding (which requires the use of relevant psychological research), evidence of critical thinking (for example, application, analysis, synthesis, evaluation), and organization of answers.

### **Abnormal psychology**

1. To what extent do cognitive factors influence abnormal behaviour?
2. Evaluate **one or more** examples of psychological research (theories and/or studies) related to approaches to treatment.
3. Contrast the use of biomedical and individual approaches to the treatment of **one** disorder.

### **Developmental psychology**

4. To what extent do biological factors influence human development?
5. Evaluate **one or more** examples of psychological research (theories and/or studies) relevant to the formation and development of gender roles.
6. Discuss the relationship between physical change and development of identity during adolescence.

### **Health psychology**

7. Discuss **one or more** strategies for coping with stress.
8. Examine **one or more** prevention strategies for substance abuse and/or addictive behaviour.
9. Discuss **two or more** factors related to overeating and the development of obesity.

### **Psychology of human relationships**

10. Evaluate the effectiveness of **two** strategies for reducing violence.
11. Analyse the role that culture plays in the formation and maintenance of relationships.
12. Discuss **two** theories explaining altruism in humans.

### **Sport psychology**

13. Discuss **one or more** theories relating arousal and/or anxiety to performance in sport.
  14. Explain relationships between team cohesion and performance in sport.
  15. Examine **two or more** reasons for using drugs in sport.
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